

MDSS Newsletter



2/1/2017

Changes to MDSS

MDSS has had a busy 2016 and this year will be no exception. We have outgrown our Day Centre facility, respite services have tripled and we have many new clients on board. We are working with NDIS plans (a little ahead of time in our area) and we are now in partnership with the Mudgee Baptist Church to extend our programs at their facility. Our social groups are doing exceptionally well with new programs and new faces, and these are open to other people and services in the community, and our Gulgong after-school program on Thursdays is also growing strong. MDSS will be expanding services and venues in the upcoming months, so stay tuned for our exciting venture! We are all very excited and we hope that you will be too.

Programs

This year we are running the following programs in partnership with the community.

- Zumba (Countryfit Gym)
- Martial Arts (Mudgee Martial Arts)
- Circus (Mudgee Martial Arts)
- Bunnings Program (Bunnings)
- Foundation Studies and Animal Studies (TAFE Mudgee)
- Swimming (Mudgee Public Pool)
- Drama (Mudgee Baptist Church)
- Sport-a-month (Department of Sport and Recreation)
- Lawn Bowls (Club Mudgee)
- Gulgong Show Arts Awards
- Currajong Disability Swimming Carnival (Currajong Disability Service Parkes)
- Horse Riding (Riding for the Disabled)
- Wellness Centre Program (Community Health)
- Cooking Program (Mudgee Baptist Church)

After a discussion and a survey of our current clients attending program, it was identified that many people would like to participate in Yoga and meditation classes, science lessons, learn to sew and have more of a focus on health and well-being and financial management. We will be including these throughout the year which will be included in our social programs and **open to people outside of our service.**



The NDIS and you



Many of you have heard about the changes to the disability sector and the implementation of the National Disability Insurance Scheme. This will replace the current government funding from Ageing, Disability and Home Care (ADHC).

NDIS is rolling out in our area as we speak, and many people have already received a letter and the initial phone call. NDIS replaces current funding, so it is important that you know and understand what it is all about, and how this will affect you and your current services.



MDSS is holding a forum at 11.30am on March 7th at Club Mudgee to discuss the changes and how the NDIS will affect you and your family member. Our guest speaker is John Carrigan from the National Disability Insurance Agency, and we urge you and your family and friends to attend if possible. RSVP through email: mdss@internode.on.net or phone 6372 3848.

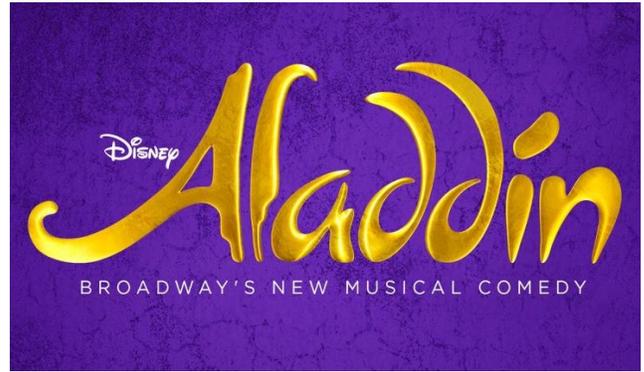


Holiday

In September last year MDSS went on our second annual holiday and we ventured to Sydney to see Aladdin the Musical and go site seeing.

We all had a wonderful time, and the trip highlighted the importance of friendship, unity and sticking together through thick and thin, especially when one of the team goes down.

Hopefully we will be able to have another brilliant adventure this year!



Willy Wonka

Our annual play will be held on April 1st this year and we are working hard to get organised quickly! We still need to make props and have more rehearsals with Stepping Out in Mudgee students and other community volunteers that will be starring in our play.

Fundraising for MDSS is about giving back to the community, and we are going to wow your socks off with our production! We will be selling authentic Wonka Bars, some with a Golden Ticket inside! If you find a Golden Ticket, you win a prize!

Stay tuned for how to purchase tickets and how to get yourself a scrumdiddlyumptious chocolate bar!



Facebook

A great way to keep up-to-date with everything that we are doing is through Facebook. We love it when you connect with us by liking and/or commenting on our posts. So if you are on Facebook, please pop on and give us a 'like' and an occasional hello!



Calling Volunteers

If you are able to offer some of your skills as a volunteer, we are very interested to hear from you. Perhaps you can help out with our play, teach sewing or have a particular skill you feel would benefit our service. For further information on how to volunteer at MDSS, please contact us via Facebook; email mdss@internode.on.net; or call 6372 3848. We would love to hear from you!

